

# NDI Insider

The newsletter of Indiana's

## NeuroDiagnostic Institute and Advanced Treatment Center

5435 E. 16th St., Indianapolis, Indiana | [www.in.gov/fssa/dmha/2935.htm](http://www.in.gov/fssa/dmha/2935.htm) | Vol. 1, Issue 1, March 2019

## New electronic medical record "go live" a success

*Cerner mIND goes to the next step*

On Monday, February 4, 2019, the Indiana State Psychiatric Hospital Network went live with its new electronic medical record. Lisa Carrico, LCH/NDI Service Line Manager, said, "All IPOCs were entered for patients before 'go live' so clinical staff were prepared to begin electronic documentation on day 1. Staff have been very positive about going to the EMR and asked great questions. We created patient lists for clinicians and we hit the ground running! Therapeutic notes are being entered today."

Comments from state psychiatric hospitals on February 7 included:

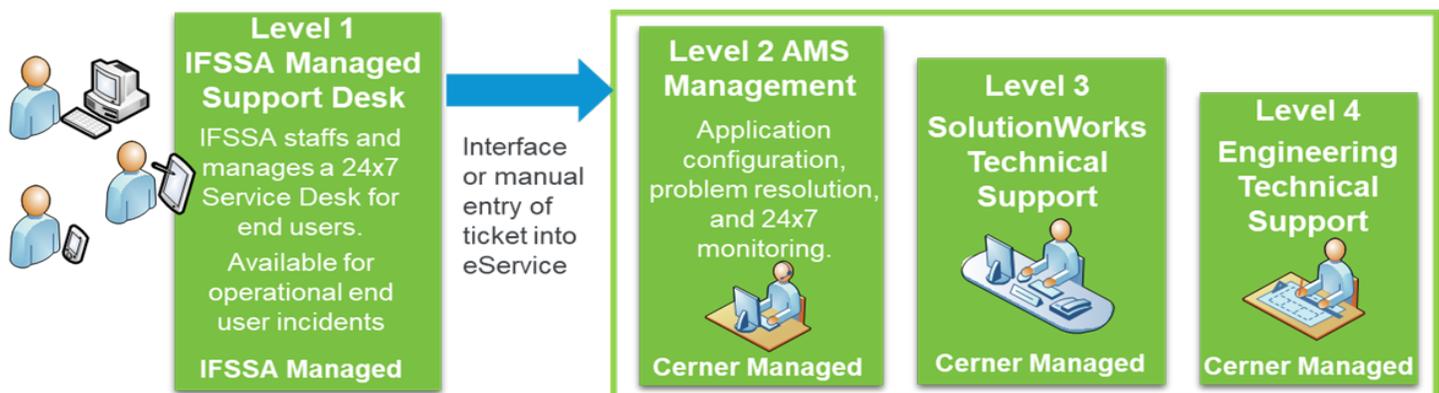
Evansville State Hospital: "The transition to an EMR is truly groundbreaking for state facilities. We're making history while improving patient care and easing workflow management."

Evansville Psychiatric Children's Center: "Overall, it's going really well. Everyone's been positive and they are excited about using it."

Larue Carter Hospital: "Everyone is pleased with how things are going. Staff is happy to have this new system for documentation."

New and improved guides can be found in *eCoach*. It now includes

leave of absence process, discharge process, rescheduling patient care tasks, how to print the master treatment plan (or any notes), accessing the patient itinerary, basic medication administration workflow, and 18 What\_If\_I? documents. We're using additional resources to provide easy access to common process documents. If an employee wants to find specific content, s/he can search by title or key word. Support is provided by each hospital's IT department.



*The NeuroDiagnostic Institute and Advanced Treatment Center, Indiana's newest state psychiatric hospital, delivers advanced evaluation and treatment for patients with the most challenging and complex neuropsychiatric illnesses and moves them more efficiently into the most appropriate treatment settings within the community or state mental health system.*

## A monthly reflection

*Something to think about from FSSA Secretary, Jennifer Walthall, MD*

The beauty of human creativity is that you find the shadows of it everywhere. Whether in a well-designed logo, the naming of a new program or just a new way of asking a question, our quirky ways of viewing the world are what make work, home, and life in general just a little bit better. Richard Florida says, "Human creativity is the ultimate economic resource."

There are opportunities to be creative in public service every day. So, how do we boost our collective creativity? Author John Titlow suggests the following: 1) 72% of people have creative insights in the shower. Write them down immediately and bring them to work to share! 2)

The introverts are on to something; solitude is where creativity thrives. 3) Trying new things makes you more creative. Music, food, books, people, anything! 4) Learn how to listen to your intuition. "Gut instinct" is a real phenomenon. 5) Trauma has hidden creative properties. After difficult events in our lives, we can use the rebuilding experience to find new ways to look at the world around us. 6) Daydreaming is surprisingly good for your brain. These are moments to hone your mental incubator. 7) Some of the very best ideas were widely ridiculed before they were revered. Hang on to them!

## Around the NDI

*Employee news*

**Congratulations to the following employees who earned certificates of excellence:** Toheeb Aderemi (BHRA), Jessica Armstrong (BHRA), Kikuko Campbell (Psychologist), Jassmin Downey (BHRA), Ifeanyi Emele (BHRA), Jessica Henning (BHRA), Wilimena Scott (BHRA), and Donna Westell (Nurse).

**We welcome new state employees:** Regina Ayers (BHRA), Jay Bohnsack (BHRA), Stacy Brandon (BHRA), Ta'Shae Brewer (BHRA), Deborah Corbin (BHRA), Shaniqua Cuthbertson (BHRA), Angel Gudger (BHRA), Leigh Ann Holmes (Rehab Therapist), Flay Johnson (BHRA), Laura Lamb (RTA), Gabrielle Lindeman (Charge Nurse), Sharnitta Norfolk (BHRA), Joyce Owens (BHRA), Jayla Rodessno

(Pharmacy Tech), Sonja Ross (BHRA), Andrew Torrence (BHRA), and Mamane Yahaya (BHRA).

**We welcome a new agency/contract employee:** Jennifer Logan (Nurse).

**We say farewell to:** Meselech Anderson (BHRA), Melvin George (BHRA), Jacqueline Hayes (LPN), Myriam Kpotufe (LPN), Rashidat Okunomo (BHRA), Isaac Owolabi (BHRA), Tammy May (Account Clerk), and Douglas Schimmel (Charge Nurse).

**The NeuroDiagnostic Institute and Advanced Treatment Center** is in the final phases of construction and is scheduled to open on March 15, 2019, with patients being accepted a few days later. As part of the opening preparation, Larue

Carter staff, with the State Personnel Department, hosted a job fair at the NDI on January 19 to show off the new building and recruit potential new staff. A ribbon cutting will occur on Friday, March 15, and open houses for staff members' families will take place Saturday, March 16, from 9 am to noon. On Wednesday, March 20, patients will be moved/accepted at the NDI. It's the dawn of a new day!



## We're movin' on up!

### *Guidelines for items that can be taken to the NDI*

You know move time is here when you get the guidelines for work space. And move time is here!

Here are the guidelines for office and/or dedicated work space (bullpen cubicles): 1) 1-2 drawers for personal items—pens, office supplies, etc., and files (depends on space and number of file cabinets within your work space); for additional needed file space, consider scanning; 2) desks should remain clean and uncluttered; 3) 2 personal items may be placed on desk; 4) 2 items may be placed on walls by facility teams—individual staff members cannot place items on walls or windows.

Guidelines for touch down space (shared workspace): 1) office should be mobile—within a backpack; 2) storage area will be assigned by leadership—unit directors and service line managers; 3) no personal items on desks or walls; 4) office supplies will be available in a central area in each team station.

Guidelines for reception areas and public staff areas: 1) no paper signs on walls or cubicle walls; 2) desks should remain clean and clutter-free; 3) office and clerical supplies should be stored in drawer or a neat, safe area on desk.

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## The best things in life are free

### *You may qualify for no-cost tax filing*

The Indiana Department of Revenue (DOR) wants you to be aware about how you may qualify for a free online tax filing service called Indiana free file (INfreefile) to file both federal and state income taxes.

INfreefile allows taxpayers with an adjusted gross income of \$66,000 or less in 2018 to use simple, question-and-answer-style software from trusted vendors to file taxes online for free.

Visit [freefile.dor.in.gov](http://freefile.dor.in.gov) for more information and to see if you qualify. Whether or not you qualify for INfreefile, the fastest way to get your refund is to file electronically.

If you have any questions about your tax filing, contact DOR at 317-232-2240 or via email at [IndividualTaxAssistance@dor.in.gov](mailto:IndividualTaxAssistance@dor.in.gov).

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## Happy St. Patrick's Day!

### *Things you may not know about St. Patrick*

Patrick was born in Roman Britain to Roman parents. Dates for his birth vary widely from mid-first century AD to early fifth century. Some believe he was born near Dumbarton in Scotland. In any

event, he was not born in Ireland. When he was about 15, he was captured and enslaved by Irish pirates who took him to Ireland to herd animals. After being enslaved for about six years, he escaped and

left Ireland. He returned to Ireland a number of years later as a cleric. After a long life, he is said to have died on March 17. The year is unknown.

## National Nutrition Month®

Visit [www.eatright.org](http://www.eatright.org) for more information

National Nutrition Month® is a nutrition education and information campaign coordinated annually in March by the Academy of Nutrition and Dietetics. The campaign focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits.

National Nutrition Month® emphasizes key messages such as the benefits of a healthy eating style and how to select healthful foods from all food groups on a regular basis.

Registered Dietitian Nutritionist (RDN) Day, celebrated each year on the second Wednesday in March, strives to

increase awareness of RDNs and to recognize them for their commitment to helping people enjoy their lives.

RDNs are the food and nutrition experts who can translate the science of nutrition into practical solutions for healthy living. They have degrees in nutrition, dietetics, public health or other related fields from well-respected colleges and universities. They also have completed an internship and passed a national examination.

The Registered Dietitian Nutritionists for NDI are Sarah Beard, MA, RDN, and Kausar Siddiqi, MS, RDN, CD.

## LinkedIn Learning Is Available

*LinkedIn Learning for FSSA employees*

LinkedIn Learning provides thousands of professional development videos and exercise files that are available to staff 24/7. Take a moment to activate your account and explore the LinkedIn Learning library. Go to *The Hub*, click on Employee Resources, and then click on LinkedIn Learning for more information on getting started.

With a LinkedIn Learning account, you will have unlimited access to more than 5,000 video tutorials covering business, creative, and technology topics taught by industry leaders. And with its personalized recommendations, you will be able to explore the most in-demand skills based on your experience on your own schedule, from any desktop or mobile device.

This is an amazing library of courses for both professional and personal development. Courses related to current job functions and relevant professional development may be accessed during work hours **with supervisory approval**. There are also non-work related courses available, which you may access on your own

time. Overtime-eligible employees are prohibited from accessing work-related training outside assigned work hours; time spent on these trainings is not authorized for overtime.

If you have any questions regarding your LinkedIn Learning account or would like some suggestions for getting started, please contact INSPD Learning and Development, [spdtraining@spd.in.gov](mailto:spdtraining@spd.in.gov). This can be your go-to resource for quick, easy, and reliable professional training.

Please note: you must have a LinkedIn account in order to access LinkedIn Learning. Also, only State of Indiana employees are eligible to participate—no contractors or agency employees.

